

## I Gained 4.5 Inches in Length and 1.5 Inches in Girth!\*\*

&ldquo;I Gained 4.5 Inches in Length and 1.5 Inches in Girth!&rdquo;:\*\*

Online Alias: Bib

Age: 50

Starting Size: Length 6&rdquo;, Girth 5&rdquo;;

Current Size: Length 10.5&rdquo;, Girth 7&rdquo;;

Bib started out at average&mdash;not too big, not too small, but not enough for him, either. When he learned of penile exercising back in 98&rsquo; through a few websites dedicated to free information, he thought it was all a crock. &ldquo;I didn&rsquo;t believe any of it,&rdquo; he says. But the websites seemed honest and made sense.

So Bib went out on a limb&mdash;and gained a total of six inches over a period of three and a half years.

&ldquo;I saw some good early gains and things took off from there. I kind of got carried away and ended up penile exercising a lot more than I thought I would. But I like it,&rdquo; he reports. &ldquo;I still can't believe it. When I pass a mirror naked and catch a glimpse, I still do a double take. Also, I catch my wife looking all the time, naked or clothed. She looks at my crotch more than my face. I also catch other women looking all the time (clothed of course).&rdquo;

Bib accredits most of his length gains to hanging&mdash;an advanced form of stretching&mdash;and his girth gains to the Uli exercise. But the most important part was how he increased the intensity: &ldquo;baby steps. Each time I added weight, I did it in baby steps. In fact, it would be one step forward and one step back until I was not overwhelmed by the intensity.&rdquo;

Bib&rsquo;s wife didn&rsquo;t find out until the sixth or seventh month of the whole ordeal. He had to tell her&mdash;&ldquo;the difference in sex was already very noticeable. . .She was already having much more powerful orgasms.&rdquo; By the time he reached 9 inches in length, his wife commented that it was long enough, but she wouldn&rsquo;t complain if he wanted more girth.

&ldquo;At first, my wife was fairly amazed at the increase. My penis has been the #1 topic of conversation for a long time and I don't always bring it up. She thinks penile exercising is analogous to women wanting larger breasts.&rdquo; Bib says. Even to this day, &ldquo;she still talks about it, but seems more interested in using it. It is still a new toy. I almost never ask for sex. She always starts the proceedings.&rdquo;

&ldquo;My wife knows I am probably in the 99th percentile for length, but it doesn't matter to her. It's not like; &lsquo;wow my man has a big pecker!&rsquo; She would still love me and stay with me if I had my &lsquo;old&rsquo; penis. But the sex is a lot better and she will admit that.&rdquo;\*This success story was taken from the penis enlargement book *Exercising The Penis*.