

Measuring the whole picture: Volume

We men tend to look at things in 2-D, and sometimes we forget to look at the "whole picture." Here's why this is a mistake.

By: Aaron Kemmer

The world was once believed by man to be flat – a two dimensional object. It is now known, and has been known for sometime that the Earth is in fact round – a three-dimensional object.*

But even to this day, we men still look at some things in 2-D. Our penis is commonly viewed as a two dimensional object. When referring to a man's size, we usually attribute his size (or lack of) to his length OR girth. This view is inadequate. To get the "whole picture," we have to look at both length and girth – combined together. The best way to do this is in terms of volume. Moreover, measuring in volume allows men to measure with one number (cubic inches), instead of two.

Why is it important to get a look at the whole picture? Consider two guys with exactly 5.5" of Length and 4.5" Girth – approximately 8.86 cubic inches**. Suppose both of these men exercise their penis to make it bigger. One man gains one inch of length, while the other gains one inch of girth. Which man is bigger? They are surely not the same. . .

Starting Stats: 5.5" X 4.5" ≈ 8.86 cubic inches

Length Gainer Post Stats: 6.5 x 4.5 ≈ 10.47 cubic inches

Girth Gainer Post Stats: 5.5 x 5.5 ≈ 13.24 cubic inches

The guy who gained an inch of length is now approximately 18.2 percent bigger, while the guy who gained an inch of girth is now approximately 49.4 percent bigger. The girth man increased his penis size almost three times as much as the length man! Two sizes which seem very similar are in fact very different. Only using volume to calculate the penis size do we see the whole three-dimensional picture.

Now, this does not necessarily mean you should throw away your length routine and focus completely on girth (although many women and men suggest that girth is the true matter of size). It simply means that thinking in terms length and girth combined (volume) is important when exercising the penis.

More On Volume...

For more proof on the importance of volume, take the case of a man who started out with 6" X 5" and gained .75" X .75". The .75" X .75" doesn't sound like a lot, but he actually increased his penis size by nearly 50 percent!

Calculating Volume:

Calculating volume isn't as hard as it looks! You can calculate your penis volume on your own by applying the formula used to find the volume of a cylinder :

(Length X Girth ²)

4 X Pi

Pi is 3.14159265.

Here is an example of how you would plug in your sizes to obtain your volume. For this example the man has a 6 inch penis in length, and a 5 inch penis in girth (aka circumference). This gives us:

$$\frac{(6 \times 5^2)}{(4 \times 3.14159265)}$$

Simplifying this brings it to:

$$\frac{150}{12.566}$$

Simplifying once again allows us to obtain the volume:

11.94 cubic inches.

It's that simple!

Aaron "remek" Kemmer is the author of *Exercising The Penis: How to Make Your Most Prized Organ Bigger, Harder & Healthier*. He founded THE PENIS ENLARGEMENT GYM in 2005. Find out more about him [here](#).

*Did you know? Some people still believe the earth is flat! The Flat Earth Society

**The penis is not a perfect cylinder, therefore the measurements are not 100 percent accurate, but the measurements are definitely more accurate than the standard Length X Girth method. If you are one of the people who have a penis shaped more like a cone, don't worry – we are working on a program to accurately calculate your volume for you.

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