

## Is Natural Penis Enlargement Possible?

Very few things irk Big Al more than seeing some self-proclaimed "expert" saying that the only way to enlarge your penis (if at all) is through surgery.

By: AJ "Big Al" Alfaro

If you didn't already know it, enlargement surgery (for length) involves the severing of the ligaments attaching the penis to the pubis. One thing that these "experts" won't tell you is that the degree of post-surgical success depends almost entirely upon the patient diligently hanging weights from the penis after the surgery! No weights- no growth! Another thing- some of these "experts" say that natural enlargement is not possible because there haven't been any clinical trials to prove that it is. This is not only silly, but it's false too!

For one thing- just because something hasn't been "clinically proven" doesn't mean that it doesn't exist; and as far as the clinical trials go, there WAS a clinical trial done on natural penis enlargement methods back in the 1960's. It was called the "Chartham Study". This study, performed by Dr. Robert Chartham of England PROVED that penis enlargement through natural methods is INDEED possible! According to Dr. Chartham, the most effective methods of enlargement involved intense stretching... and the least effective (at least for long term growth) involved milking (AKA "jelq").

Why go through a costly surgery when you can enlarge your penis naturally (and save yourself thousands of dollars that would have otherwise lined the pockets of one of those "experts".) Instead of severing the ligaments of the penis (risking possible impotence, or at the very least- a droopy erection), why not just STRETCH these ligaments? A perfect example of extreme ligament stretch can be seen in the women of the Padaung tribe of Myanmar. These "Giraffe Women" (as they are known) are known for their extremely elongated necks. These women (starting as young as 2 years of age) wrap metal coils around their necks. In time, more coils are added... and by a combination of pushing down the collarbones and stretching the entire structure of the neck, the necks can reach ten inches or more in length! If a complex structure such as the neck can be elongated, surely the same applies to the penis- whose by its very pliable nature is designed to expand to many times its usual size!

Besides the countless thousands of men who have already enlarged their penises through natural methods, SOME "experts" are finally realizing that natural penis enlargement is not only possible, but a much preferred alternative over costly and dangerous surgery.

I hope that you've enjoyed and learned from this article :)

Sincerely,

Big Al