

About the Book

Dear You,

How much you gain depends on what you know.

That's the premise for *Exercising the Penis*, a groundbreaking book that teaches you how to shape, improve, and build your penis—fast.

As founder of THE PENIS ENLARGEMENT GYM, I've talked to thousands of men who've completely remodeled their penis. I've been their Oprah—just as much as their student as their coach. Through these men, I know that you have the power to change your penis.

I also know that many men don't gain, and three years ago I set out to learn why. I analyzed the "big gainers" and the "hard gainers" the way an auditor analyzes taxes. I picked and pried until it became ultimately clear that the men who gain big follow several basic principles, and the men that don't often ignore these principles. I also learned hundreds of other tips, exercises, routines and techniques - all of which I detail step-by-step in *Exercising The Penis: How to Make Your Most Prized Organ Bigger, Harder & Healthier* (now available in paperback at Amazon.com).

This never-before-published, 232-page book offers the safest, fastest, and most effective ways to exercise your penis. You can learn everything you need to know about penis enlargement with the book that men say is "a must have for anyone serious about penis enlargement."

Every page will show you how YOU CAN:

Increase your penis size.

In a survey of nearly 1000 men who used penis exercises for three or more months, the average size increase was 1" in length and .5" in girth—a volumetric increase of nearly 50 percent. Yield harder, stronger, and longer-lasting erections.

In one study, penis exercises improved erection strength just as much as erection drugs. Overcome premature ejaculation and have multiple orgasms.

A strong pelvic region gives you control of your ejaculations. Endure dozens of other benefits.

A healthier penis and penile vascular system will help you increase libido, create stronger orgasms, develop a healthier prostate, and more.

This book will help you know exactly what you need to do without any confusion whatsoever. This book will help you spend less time wondering if you're doing it right and more time gaining. It will help you avoid overtraining injuries all while overcoming the common mistakes that many men make.

I've been told by several people who read the book that it's never been easier - easier to know how to enlarge your penis as quick as possible, easier to know how to penile exercise safely and properly, and easier to know exactly what you have to do gain now and in the future.

Are they right? I like to think so. But I suppose you'll have to find out for yourself.

Here's to healthier, safer, and more effective penile exercising,

Aaron "remek" Kemmer

Author of Exercising The Penis and Founder of THE PENIS ENLARGEMENT GYM.