

Beyond the Guide

Beyond the Beginners Guide. . .

Again, before you implement anything from the Beginner's Guide, please see the disclaimer outlined at the bottom of this page.

The Beginners Guide to penile exercising and penis enlargement is just that – a guide for beginners. To maximize your chances for success, you'll need more knowledge and information.

We recommend the book, *Exercising The Penis: How to Make Your Most Prized Organ Bigger, Harder & Healthier*. With over 230 pages of information, 30 unique exercises, and just the right amount of advice on how to maximize your gains and minimize injuries, *Exercising The Penis* is the ultimate resource on penile exercising.

There is also tons of free information on this website. A good place to start is in our [articles](#) section.

Also visit our free penis enlargement forums for motivation, answers to your questions, and a deeper understanding of penis enlargement.

Other good reading includes success stories submitted by our readers.

Wondering how effective penile exercising is? Check out our penis enlargement survey results.

After the first five weeks, you can start incorporating advanced exercises into your routine.

After, you've devoured all the knowledge on this site... check out some one of the many other free penis enlargement sites, listed in our [links](#) section.

We would like to thank everyone on our [thank you page](#). Everyone there has contributed to this guide or this website in some way.

The Beginners Guide to Exercising The Penis was written by Aaron Kemmer. Kemmer is the author of *Exercising The Penis*.

What did you think of our Free Penis Enlargement Guide? Let us know!

Got a question about the guide or Penis Enlargement? Ask us in our free penis enlargement forums