

What is the Penile Exercising Gym?

PEGym.com is a free male sexual health site with up-to-date information on penis enlargement, penile exercising, and more.

The Penis Enlargement Gym was created in 2005 by Aaron "remek" Kemmer, author of the hit penis enlargement book *Exercising The Penis*, to hold the penis enlargement survey results. Shortly after the site's launch, Kemmer decided to quit his job and take out a loan in an effort to help change the current state of how the world views the words "penis enlargement."

The PEGym.com quickly turned into a complete database for penile exercising, male sexual improvement, and penis enlargement under Kemmer's belief that:¹

- Every man should have access to organize, easy-to-read information on penis enlargement.
- More scientific studies, experiments, and surveys need to be done on the effects of penile exercising.
- The world should know the truth about penis enlargement.

Our core team, community, and many members help keep the content on PEGym.com up-to-date with the most scientific and accurate information. Simply put, this site would not be possible without the help of many contributors.

¹From 2005-2007, PEGym.com was known as ExercisingThePenis.com

See our penis enlargement glossary for other terms used on this site and in the penile exercising community.
More Frequently Asked Questions.